

Hertfordshire County AAA Veteran Championships

Stevenage 6 May 2013

Veteran Men

100 Metres w/s -2.7

1	486 David Olusanya	Harr	M40	12.58
2	490 Steve Mayfield	FVS	M45	13.49
3	345 Andrew Maher	SAS	M40	14.59
4	494 Marc Phillips	SAS	M50	15.44

200 Metres w/s -0.6

1	486 David Olusanya	Harr	M40	24.96
2	490 Steve Mayfield	FVS	M45	27.09
3	345 Andrew Maher	SAS	M40	29.60

400 Metres

1	319 Andrew Cunningham	Bar	M50	59.36
2	490 Steve Mayfield	FVS	M45	59.71
3	491 Martin Procter	HAW	M45	62.30
4	494 Marc Phillips	SAS	M50	73.48
5	345 Andrew Maher	SAS	M40	74.02

800 Metres

1	319 Andrew Cunningham	Bar	M50	2:14.22
2	354 Andy Neatham	FVS	M45	2:17.64
3	376 Stephen White	HPx	M50	2:29.64
4	345 Andrew Maher	SAS	M40	2:44.90

1500 Metres

1	319 Andrew Cunningham	Bar	M50	4:35.84
2	354 Andy Neatham	FVS	M45	4:45.58
3	376 Stephen White	HPx	M50	4:53.37
4	345 Andrew Maher	SAS	M40	5:43.00
5	314 Jim Brown	FVS	M60	6:25.53

5000 Metres

1	489 Ian Johnston	Shett	M45	16:28.65
2	314 Jim Brown	FVS	M60	22:43.71

400 metres Hurdles

1	345 Andrew Maher	SAS	M40	89.13
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3000m Walk

1	378 Steve Allen	Bar	M55	16:04.74
2	382 Arthur Thomson	E&H	M75	17:22.11
3	381 Gary Smith	E&H	M55	17:41.95
4	379 John Borgars	HPx	M65	18:54.11
5	380 Ken Livermore	E&H	M80	24:19.80

High Jump

1	487 Simon Proctor	FVS	M40	1.20
2	494 Marc Phillips	SAS	M50	1.05

Hertfordshire County AAA Veteran Championships**Stevenage 6 May 2013****Pole Vault**

1	490 Steve Mayfield	FVS	M45	2.10
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Long Jump

1	491 Martin Procter	HAW	M45	5.10
2	487 Simon Proctor	FVS	M40	4.41
3	492 Richard Emptage	D&T	M50	4.41
4	494 Marc Phillips	SAS	M50	3.72

Triple Jump

1	492 Richard Emptage	D&T	M50	10.69
2	494 Marc Phillips	SAS	M50	8.44

Shot

1	496 Trevor Ratcliffe	D&T	M50	9.80
2	501 Tim Saunders-Mullins	StA	M60	9.29
3	500 Dave Faulkner	GCR	M60	7.29
4	504 Len Allbrighton	SNH	M70	7.10

Discus

1	496 Trevor Ratcliffe	D&T	M50	34.37
2	500 Dave Faulkner	GCR	M60	30.10
3	501 Tim Saunders-Mullins	StA	M60	25.92
4	503 Brian Yeomans	StA	M65	24.40
5	490 Steve Mayfield	FVS	M45	21.31

Hammer

1	501 Tim Saunders-Mullins	StA	M60	34.50
2	496 Trevor Ratcliffe	D&T	M50	34.37
3	521 John Lee	HPx	M70	31.28

Javelin

1	496 Trevor Ratcliffe	D&T	M50	54.38
2	498 Mike Bennett	SCVAC	M60	38.37
3	503 Brian Yeomans	StA	M65	28.37
4	490 Steve Mayfield	FVS	M45	26.99
5	504 Len Allbrighton	SNH	M70	20.24

Hertfordshire County AAA Veteran Championships**Stevenage 6 May 2013****Veteran Women****100 Metres w/s +0.2**

1	483 Sarah Gaynor	W55	HPx	16.33
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200 Metres w/s -0.4

1	479 Dawn Jones	Harl	W40	29.71
2	483 Sarah Gaynor	HPx	W55	33.42

1500 Metres

1	339 Joanne Kent	Bar	W45	5:07.44
2	523 Yuko Gordon	NHRR	W60	6:18.18
3	318 Sharon Crowley	FVS	W55	7:27.07

3k Walk

1	318 Sharon Crowley	FVS	W55	23:15.70
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High Jump

1	485 Sue Yeomans	StA	W60	1.20
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Pole Vault

1	485 Sue Yeomans	StA	W60	2.80
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Shot

1	484 Joylyn Saunders-Mullins	SNH	W60	7.95
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Hammer

1	318 Sharon Crowley	FVS	W55	17.62
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Javelin

1	484 Joylyn Saunders-Mullins	SNH	W60	24.37 500g
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